



## Part 7: Stuck No More

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### Two choices we're all left with:

We can stay stuck, or we can look to God for the path out.

### What's the pathway to getting unstuck?

#### 1. It starts with a belief that life is not about who we are...

it's about whose we are

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when Christ appears, we shall be like him, for we shall see him as he is. – 1 John 3:1-2

But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body. – Philippians 3:20 -21

#### 2. We delight in the God who delights in us!

The LORD your God is with you,  
the Mighty Warrior who saves.  
He will take great delight in you;  
in his love he will no longer rebuke you,  
but will rejoice over you with singing. – Zephaniah 3:17

O my soul, bless GOD. From head to toe, I'll bless his holy name! O my soul, bless GOD, don't forget a single blessing! He forgives your sins—every one. He heals your diseases—every one. He redeems you from hell—saves your life!

He crowns you with love and mercy—a paradise crown. He wraps you in goodness—beauty eternal. He renews your youth—you're always young in his presence.

GOD makes everything come out right; he puts victims back on their feet...

GOD is sheer mercy and grace; not easily angered, he's rich in love. He doesn't endlessly nag and scold, nor hold grudges forever. He doesn't treat us as our sins deserve, nor pay us back in full for our wrongs. – Psalm 103:1-10 (*The Message*)

#### 3. We live like we're truly free.

It is for freedom that Christ has set you free. – Galatians 5:1

## To be unstuck is the very point of Christianity.

“If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.” – John 8:31b-32

### What does this freedom look like?

It looks like love.

#### Some “One Anothers” in the Bible

- Be at peace with one another (*Mark 9:50*)
- Be of the same mind with one another (*Romans 12:16, 15:5*)
- Accept one another (*Romans 15:7*)
- Don't boastfully challenge or envy one another (*Galatians 5:26*).
- Gently, patiently tolerate one another (*Ephesians 4:2*)
- Be kind, tender-hearted, and forgiving to one another (*Ephesians 4:32*)
- Be devoted to one another in love (*Romans 12:10*)
- Bear with and forgive one another (*Colossians 3:13*)
- Seek good for one another, and don't repay evil for evil (*1 Thessalonians 5:15*)
- Don't complain against one another (*James 4:11, 5:9*)
- Confess sins to one another (*James 5:16*)
- Through love, serve one another (*Galatians 5:13*)
- Give preference to one another in honor (*Romans 12:10*)
- Regard one another as more important than yourselves (*Philippians 2:3*)
- Tolerate one another in love (*Ephesians 4:2*)
- Clothe yourselves in humility toward one another (*1 Peter 5:5*)
- Do not judge one another (*Romans 14:13*)
- Bear one another's burdens (*Galatians 6:2*)
- Speak truth to one another (*Ephesians 4:25*)
- Don't lie to one another (*Colossians 3:9*)
- Encourage and build up one another (*1 Thessalonians 5:11*)
- Pray for one another (*James 5:16*)
- Be hospitable to one another (*1 Peter 4:9*)
- Love one another (*John 13:34, 15:12, 17; Romans 13:8; 1 Thessalonians 3:12, 4:9; 1 Peter 1:22; 1 John 3:11, 4:7,11; 2 John 5*)

#### Are you on the pathway of being unstuck?

- 1) Are you still living life according to who you are or are you living life according to whose you are?
- 2) Are you finding ways to delight in God?
- 3) Are you finding the freedom Jesus offers so you can love others?

#### Small Group Questions

- 1) What's your best story (funniest or most embarrassing) about getting stuck somewhere?
- 2) Do you identify more with “who you are” or “whose you are”?
- 3) Zephaniah 3:17 tells us that God delights in us. Is that easy for you to accept? Why or why not?
- 4) Read Galatians 5:1. What “yokes of slavery” do you still carry? Are there areas where God shown you a path to freedom?
- 5) How can we pray for one another right now?